

McKean County Family Centers

Fall/Winter Program Guide

September - December 2007

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Check out
www.mckeanfamilyresources.net
to find out more

Bradford Family Center

1 Mechanic Street
Bradford, PA 16701
Phone: 814-362-1834
Fax: 814-362-1837
bfc@mckeanfamilyresources.net

Kane Family Center

2 Greeves Street
Kane, PA 16735
Phone: 814-837-5148
Fax: 814-837-5156
kfc@mckeanfamilyresources.net

Otto-Eldred Family Center

160 Main Street
Eldred, PA 16731
Phone: 814-225-2513
Fax: 814-225-2508
oefc@mckeanfamilyresources.net

Port Allegany Family Center

63 N. Main Street
Port Allegany, PA 16743
Phone: 814-642-9281
Fax: 814-642-9286
pafc@verizon.net

Smethport Family Center

83 S. Marvin Street
P.O. Box 411
Smethport, PA 16749
Phone: 814-887-9344
Fax: 814-887-5666
sfc@mckeanfamilyresources.net

• • • *New location*

It's Free • It's Fun • And It's Learning



Groups

PARENT-CHILD PLAYGROUPS Weekly

Parents and children birth through age five

An opportunity for playtime fun. Parents and children gather in the early childhood play area of the Family Centers and participate in play activities facilitated by Family Center staff. Games, books, crafts, snacks, and holiday activities are all part of the fun. To enroll, call the nearest Family Center.

Bradford Family Center	Thursdays, 10:00-11:30 am
Kane Family Center	Fridays, 9:30-11:00 am
Otto-Eldred Family Center	Wednesdays, 10:00-11:30 am
Port Allegany Family Center	Tuesdays, 10:30-12:00 noon
Smethport Family Center	Fridays, 10:00-11:30 am

KIDS' CLUBS Weekly

Kindergarten to 3rd Graders

An exciting way for children to socialize with peers and enjoy learning important values through activities, stories, games, crafts and discussion. To enroll, call the nearest Family Center.

Bradford Family Center	Wednesdays, 4:00-5:30 pm
Kane Family Center	Thursdays, 3:00-4:00 pm
Otto-Eldred Family Center	Thursdays, 3:00-4:30 pm
Port Allegany Family Center	Mondays, 3:30-5:00 pm
Smethport Family Center	Thursdays, 3:00-4:30 pm

4-H CLUBS Weekly

Youth ages 8-18

An innovative learning-by-doing club operated by Penn State Cooperative Extension. Activities are focused on building leadership, community ventures and conservation skills. To enroll, call the nearest Family Center.

Bradford Family Center (annex), 9 Main St.	Tuesdays, 4:00-5:30 pm
Kane Family Center	Wednesdays, 3:00-4:30 pm
Otto-Eldred Family Center	Tuesdays, 6:30-8:00 pm
Port Allegany Family Center	Thursdays, 4:00-5:30 pm
Smethport Family Center	Mondays, 3:00-4:30 pm

THE OUTDOOR HUBBERS CLUB Weekly

Youth in 4th to 6th grades

Forestry, stream ecology, wildlife identification, backpacking, orienteering, and GPS/GIS (Global Positioning and Geographic Information Systems) are all topics of this club operated by Penn State Cooperative Extension. To enroll call the Smethport Family Center.

Smethport Family Center	Tuesdays, 3:00-4:30 pm
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Workshops

THE INCREDIBLE YEARS **Parents and children ages 2-8**

7-Week Series

A fun and interactive class for parents to learn effective use of play, praise and reward, how to set clear limits, and how to handle misbehavior. Gifts, prizes, games, and snacks are all part of the fun and learning. In the early childhood play area of the Family Centers; children participate in an accompanying activity group lead by Family Center staff. To enroll, call the nearest Family Center.

Kane Family Center

Tuesdays, Sept 11-Oct 23, 9:30-11:00 am

MOTHER GOOSE **Parents and children ages birth to 5**

One-time or 4-Week Series

Learn how to make reading to children fun and rewarding. Participate in hands-on activities related to books. Each family receives a free take-home kit of books at the close of the workshop. To enroll, call the nearest Family Center.

Bradford Family Center

Thursday, October 4, 10:00-11:30 am

Ages birth to 5

Kane Family Center

Wednesday, September 5, 10:00-11:00 am

Ages 3 to 5

Friday, October 5, 9:30-11:00 am

Ages birth to 5

Monday, November 5, 10:00-11:00 am

Ages birth to 2

Thursday, December 6, 10:00-11:00 am

Ages 3 to 5

Otto-Eldred Family Center

Wednesday, October 17, 10:00-11:30 am

Ages birth to 5

Port Allegany Family Center

Thursday, November 15, 6:00-7:00 pm

Ages birth to 5

Smethport Family Center

Friday, October 19, 10:00-11:30 am

Ages birth to 5

November 8 is National Parents as Teachers Day!

If you see a Family Center staff person on November 8, please pat them on the back for all of the good work they do.

National Parents as Teachers Day was established in 2001 as a way to pay tribute to the thousands of trained and certified parent educators that give support to parents. There are more than 3,000 Parents as Teachers sites around the globe, and 5 of them are in McKean County.

Workshops (continued)

STRENGTHENING FAMILIES PROGRAM

7-Week Series

Parents and children in 5th and 6th grades

Through a fun and interactive 7-week workshop series, families learn how to set clear rules, communicate more effectively as a family, manage conflict, and protect teens from harmful behaviors. Youth learn peer pressure, stress management, and communication skills. A free meal is served prior to each workshop, and babysitting for younger children is provided. To enroll, call the nearest Family Center. **Check out www.sfpmckean.net to find out more.**

Fretz Middle School, Bradford	Tuesdays, Sept 25-Nov 6, 5:30-8:00 pm
St. Bernard's School, Bradford	Thursdays, Sept 27-Nov 8, 5:30-8:00 pm
Kane Middle School	Wednesdays, Sept 26-Nov 7, 5:30-8:00 pm
Otto-Eldred Elementary School	Thursdays, Sept 27-Nov 8, 5:30-8:00 pm
Port Allegany Elementary School	Wednesdays, Sept 26-Nov 7, 5:30-8:00 pm
Smethport Elementary School	Tuesdays, Sept 25-Nov 6, 5:30-8:00 pm

CHILDREN IN THE MIDDLE

One-time, 4-Hour Class

Divorced or separated parents

Learn how to reduce the stress your child experiences during divorce or separation. Information taught focuses on how to not put children in the middle of conflict, to communicate directly with "I" messages, and to not utilize children as messengers or spies. To enroll, call the Bradford Family Center.

Bradford Public Library

Saturday, Nov 3, 10:00 am-3:00 pm

Home Visits

PARENTS AS TEACHERS

Twice a Month

Parents and children ages birth to five

Learn about early childhood development and parenting through home visits designed with hands-on activities parents and children can do together. Gain new ideas on how to interact through play, how to set limits, and handle challenging behaviors. Parents learn how to understand each stage of child development and how to form strong and loving parent-child relationships. To enroll, call the nearest Family Center. It is free and for everyone regardless of income level or need.

STAYING CONNECTED

Weekly for Three Months

Parents and youth ages 12-16

Through weekly home visits learn how to set clear family rules, communicate more effectively as a family, manage family conflict, and protect teens from harmful behaviors. Youth learn peer pressure, stress management, and communication skills. Home visits take place over a three-month duration. To enroll, call the Smethport Family Center.

Fun Nights

FAMILY FUN NIGHTS

Monthly

Parents and children

An opportunity to enjoy family time together for seasonal parties, crafts, games and movie nights. Children must be accompanied by their parent or caregiver. To register, call the nearest Family Center.

Bradford Family Center	Making Autumn Placemats	Mon, Sept 10, 6:00-7:00 pm
	Halloween Monster Bash	Mon, Oct 22, 6:00-7:00 pm
	Making a Thanksgiving Craft	Mon, Nov 19, 6:00-7:00 pm
	Holiday Celebration	Mon, Dec 10, 6:00-7:00 pm
Kane Family Center	Back to School Bingo	Wed, Sept 12, 6:00-7:00 pm
	Flower Pot Pumpkins	Wed, Oct 10, 6:00-7:00 pm
	Thankful Tree Centerpiece	Wed, Nov 14, 6:00-7:00 pm
	Holiday Celebration with a "Special Guest"	Wed, Dec 12, 6:00-7:00 pm
Otto-Eldred Family Center	Ceramics Night	Mon, Sept 17, 6:00-7:30 pm
	Harvest Party	Mon, Oct 29, 6:00-7:30 pm
	Making a Thanksgiving Centerpiece	Thu, Nov 15, 6:00-7:00 pm
	Making a Stocking Door Hanger	Thu, Dec 6, 6:00-7:30 pm
Port Allegany Family Center	Back to School Tote Bags	Thu, Sept 6, 6:00-7:00 pm
	Making Footprint Ghosts	Thu, Oct 4, 6:00-7:00 pm
	Mother Goose: 10 Minutes to Bedtime	Thu, Nov 15, 6:00-7:00 pm
	Welcome Friends and Flakes	Thu, Dec 6, 6:00-7:00 pm
Smethport Family Center	Alleghany Arms & Armor Museum Tour	Thu, Sept 20, 6:00-7:00 pm
	Monster Bash	Mon, Oct 29, 6:00-7:00 pm
	Ceramics Night	Mon, Nov 19, 6:00-7:00 pm
	Making Gingerbread Houses	Tue, Dec 18, 6:00-7:00 pm

DAD'S NIGHT OUT

Monthly or Quarterly

Fathers and children

An exciting way for fathers to spend quality time with children to build, create and enjoy movie nights. Children must be accompanied by their father. To register, call the nearest Family Center.

Bradford Family Center	Making Bird Feeders	Thu, Sept 20, 6:00-7:30 pm
	Movie Night	Thu, Oct 18, 6:00-7:30 pm
	Making Pirate Ships	Thu, Nov 15, 6:00-7:30 pm
	Making Gingerbread Houses	Thu, Dec 20, 6:00-7:30 pm
Kane Family Center	Making Paddleboats	Thu, Sept 13, 6:00-7:30 pm
	Making Jack-O-Lantern Door Hangers	Thu, Oct 11, 6:00-7:30 pm
	Making Native American Dream Catchers	Thu, Nov 8, 6:00-7:30 pm
	Making Gingerbread Houses	Thu, Dec 13, 6:00-7:30 pm

Courses and Events

SCREENING DAYS: Early childhood screenings and fun

Bring your child to the Family Centers to receive free health and developmental screenings, and childhood immunizations. Screenings are conducted in development, vision, and hearing. Immunizations are provided by the Department of Health. Reservations are required. Call the Family Center where the screening day is held to sign up. Please bring your immunization records.

Bradford Family Center	Thu, October 18, 9:00-1:00
Kane Family Center	Fri, October 12, 9:00-12:00
Otto-Eldred Family Center	Fri, September 14, 9:00-12:00
Port Allegany Family Center	Wed, September 19, 9:00-2:00
Smethport Family Center	Thu, September 20, 9:00-11:00

OPEN HOUSES

Come by and check us out! Bring your whole family to visit and see what Family Centers have to offer. Refreshments are served and special activities are planned. No need to sign up, just drop by.

The Smethport Family Center has moved into a new facility at 83 S. Marvin Street, across from the Dollar General and next door to the Taste Freeze.

Kane Family Center	Thu, November 8, 6:00-8:00 pm
Port Allegany Family Center	Thu, November 8, 11:00 am-2:00 pm
Smethport Family Center	Tue, November 13, 4:00-7:00 pm

KNITTING CLASS for parents

Come to a four-week knitting class and make a scarf and hat—a perfect holiday gift for a loved one. Class is designed for parents with school-age children that are beginning-level or experienced knitters. Starter needles and knitting bag provided free of charge. Bring 3 skeins (8 oz each) of Red Heart Super Saver Yarn. No babysitting provided. Limited class size and pre-registration is required. By calling the Smethport Family Center by Nov 1.

Smethport Family Center **Wednesdays, November 7 to 28, 9:00 –11:00 am**

Public Speaking Course: Parents as Leaders. . . Youth as Leaders workshop

Come to a short course for youth and parents who have participated in a public service and would like to tell others about how it made a difference. Learn how to develop and confidently deliver a presentation, and have fun while learning. Choose a night and location to attend. Free pizza dinner included. Call the Bradford Family Center to register. Class size is limited and pre-registration by October 22 is required.

Bradford Family Center annex	Mon, November 5, 5:00 – 7:30 pm
Smethport Family Center	Tue, November 6, 5:00-7:30 pm