

McKean County Family Centers

Fall/Winter Program Guide

September-December 2009

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Bradford Family Center

1 Mechanic Street
Bradford, PA 16701
Phone: 814-362-1834
Fax: 814-362-1837
bfc@mckeanfamilyresources.net

Kane Family Center

2 Greeves Street
Kane, PA 16735
Phone: 814-837-5148
Fax: 814-837-7631
kfc@mckeanfamilyresources.net

Otto-Eldred Family Center

160 Main Street
Eldred, PA 16731
Phone: 814-225-2513
Fax: 814-225-2508
oefc@mckeanfamilyresources.net

Port Allegany Family Center

63 N. Main Street
Port Allegany, PA 16743
Phone: 814-642-9281
Fax: 814-642-9286
pafc@verizon.net

Smethport Family Center

83 S. Marvin Street
P.O. Box 411
Smethport, PA 16749
Phone: 814-887-9344
Fax: 814-887-5666
sfc@mckeanfamilyresources.net

Check out
www.mckeanfamilyresources.net

The McKean County Family Centers are operated by The Guidance Center and made possible through funding from the Pennsylvania Family Center Initiative of the Department of Welfare's Office of Children, Youth and Families, and through contract with the McKean County Commissioner's Office. Other funding is received from the Pennsylvania Commission on Crime and Delinquency, McKean County Children and Youth Services, McKean County Human Service Development Funds, all area United Ways, the Renodin Foundation, and community and private sector donations.

It's Free • It's Fun • And It's Learning

Groups

PARENT-CHILD PLAYGROUPS

Weekly

Parents and children birth through age five



Parents and kids, come and enjoy playtime fun. Parents and children gather in the early childhood play area of the Family Centers and participate in play activities facilitated by Family Center staff. Games, books, crafts, snacks, and holiday activities are all part of the fun. Children must attend playgroup with their parent and parents are completely responsible for the supervision of their children when participating. To enroll, call the nearest Family Center.

Bradford Family Center

Thursdays, 10:00-11:30 am

Kane Family Center

Fridays, 9:30-11:00 am

Otto-Eldred Family Center

Wednesdays, 10:00-11:30 am

Port Allegany Family Center

Tuesdays, 10:30-12:00 noon

Smethport Family Center

Fridays, 10:00-11:30 noon

KIDS' CLUBS

Weekly

Kindergarten to 3rd Graders

An exciting way for children to socialize with peers and enjoy learning important values through activities, stories, games, crafts and discussion. Special events this quarter include BINGO for books, making scarecrows, Game Day, workshops from the Victims Resource Center on "How to Deal with Bullying", a special presentation by Penn State Cooperative Extension on "mini-beasts", and a "turkey talk" by the U.S. Forestry Service. There will also be lots of holiday fun in October, November and December. Enrollment is limited, so sign up now by calling the nearest Family Center.

Bradford Family Center

Wednesdays, 4:15-5:15 pm

Kane Family Center

Thursdays, 3:00-4:00 pm

Otto-Eldred Family Center

Thursdays, 3:00-4:00 pm

Port Allegany Family Center

Tuesdays, 3:30-4:30 pm

Smethport Family Center

Wednesdays, 3:00-4:00 pm

4-H CLUBS

Weekly

Youth ages 8-18

An innovative learning-by-doing club operated by Penn State Cooperative Extension. Activities are focused on building leadership, community ventures and conservation skills. Clubs will open soon so please contact your nearest Family Center for more details. Enrollment is limited, so sign up now by calling the nearest Family Center.

Bradford Family Center

Kane Family Center

Otto-Eldred Family Center

Schedule to be announced

Port Allegany Family Center

Smethport Family Center

Workshops

THE INCREDIBLE YEARS

7-Week Series

Parents and children ages 2-8



A fun and interactive class for parents to learn effective use of play, praise and reward, how to set clear limits, and how to handle misbehavior.

Gifts, prizes, games, and snacks are all part of the fun and learning. Children participate in an accompanying activity group lead by Family Center staff. To enroll, call the nearest Family Center.

Bradford Family Center

Tuesdays, Sept 15-Nov 3, 9:30-11:00 am

Kane Family Center

Mondays, Sept 14-Nov 2, 9:30-11:00 am

MOTHER GOOSE

One-time Workshop

Parents and children ages birth to 5

Parents and kids, come and experience how reading together is both fun and rewarding. Participate in hands-on activities related to books, and learn tips on how to make reading together part of your everyday life. Each family receives a free take-home kit of books at the close of the workshop. To enroll, call the nearest Family Center.

Bradford Family Center

Thursday, Nov 12, 10:00-11:30 am

Kane Family Center

Friday, Oct 2, 9:30-11:00 am

Otto-Eldred Family Center

Wednesday, Sept 16, 10:00-11:30 am

Port Allegany Family Center

Tuesday, Sept 15, 10:30-12:00 noon

Smethport Family Center

Friday, Sept 18, 10:00-11:30 am

CHILDREN IN THE MIDDLE

One-time, 3-Hour Class

Divorced or separated parents

If you are a parent going through divorce or separation, come to a four-hour class and learn how to help your children through this difficult process. Parents will learn how to reduce stress children experience during divorce or separation, how to not put children in the middle of conflict, how to communicate directly with "I" messages, and how to not utilize children as messengers or spies. There is no childcare available during classes. To enroll, call the Bradford Family Center.

Bradford Family Center

Monday, Sept 28, 5:30 pm-8:30 pm

Bradford Family Center

Friday, Nov 13, 9:00 am-12:00 noon

Starting the week of October 5th



A seven-session family workshop for 5th and 6th graders and parents

Join a fun and interactive 7-week workshop series for 5th and 6th graders and their parents. Parents learn how to set clear rules, communicate more effectively as a family, manage conflict, and protect teens from harmful behaviors. Youth learn peer pressure, stress management, and communication skills.

A free meal is served prior to each workshop, and babysitting for younger children is provided. Sessions are held one night a week for 7 weeks. To enroll, call the nearest Family Center. Enrollment deadline is September 21. For more information check out www.sfpmckean.net.

Fretz Middle School, Bradford	Thursdays, Oct 8-Nov 19, 5:30-8:00 pm
St. Bernard's School, Bradford	Wednesdays, Oct 7-Nov 18, 5:30-8:00 pm
Chestnut Street Elementary School, Kane	Tuesdays, Oct 6-Nov 17, 5:30-8:00 pm
Otto-Eldred Elementary School	Wednesdays, Oct 7-Nov 18, 5:30-8:00 pm
Port Allegany High School	Thursdays, Oct 8-Nov 19, 5:30-8:00 pm
Smethport Elementary School	Tuesdays, Oct 6-Nov 17, 5:30-8:00 pm

FAMILY CENTER COMMUNITY COUNCIL

Come and share your ideas for the Family Centers. Your input is important so that Family Center programs are fun, interesting and meaningful experiences for families.

Kane Family Center	Mon, Sept 14, 3:30-4:30 pm Mon, Nov 9, 3:30-4:30 pm
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Fun Nights

FAMILY FUN NIGHTS

Monthly

Parents and children

Parents, come and enjoy family time together for seasonal parties, crafts, and games. This is a great opportunity to socialize with other families from your community. Children must be accompanied by their parent or caregiver. To register, call the nearest Family Center.

Bradford Family Center	Back to School BINGO	Mon, Sep 14, 6:00-7:00 pm
	Fall Celebration: Mini Scarecrows	Mon, Oct 12, 6:00-7:00 pm
	Family Banner	Mon, Nov 9, 6:00-7:00 pm
	Holiday Party	Mon, Dec 7, 6:00-7:00 pm
Kane Family Center	Back to School BINGO	Wed, Sep 2, 6:00-7:00 pm
	Fall Celebration: Mini Scarecrows	Wed, October 7, 6:00-7:00 pm
	Family Banner	Wed, Nov 11, 6:00-7:00 pm
	Holiday Party	Wed, Dec 2, 6:00-7:00 pm
Otto-Eldred Family Center	Back to School BINGO	Thu, Sep 24, 6:00-7:00 pm
	Fall Celebration: Mini Scarecrows	Thu, Oct 22, 6:00-7:00 pm
	Family Banner	Thu, Nov 19, 6:00-7:00 pm
	Holiday Party	Mon, Dec 17, 6:00-7:00 pm
Port Allegany Family Center	Back to School BINGO	Tue, Sep 8, 6:00-7:00 pm
	Fall Celebration: Mini Scarecrows	Tue, Oct 6, 6:00-7:00 pm
	Family Banner	Tue, Nov 10, 6:00-7:00 pm
	Holiday Party	Tue, Dec 8, 6:00-7:00 pm
Smethport Family Center	Back to School BINGO	Tue, Sep 15, 6:00-7:00 pm
	Fall Celebration: Mini Scarecrows	Tue, Oct 13, 6:00-7:00 pm
	Family Banner	Tue, Nov 10, 6:00-7:00 pm
	Holiday Party	Tue, Dec 8, 6:00-7:00 pm

DAD'S NIGHT OUT

Fathers and children



Dads, come and join the excitement of spending quality time with your child. At the same time enjoy socializing with other fathers from your community. Build, create and have fun being together. Children must be accompanied by their father. To register, call the nearest Family Center.

Bradford Family Center	Gingerbread Houses	Mon, Dec 14, 6:00-7:00 pm
Kane Family Center	DNO Round-Up	Thu, Sep 17, 6:00-7:00 pm
	Pumpkin Fun	Thu, Oct 15, 6:00-7:00 pm
	Color Me Teepee	Thu, Nov 19, 6:00-7:00 pm
	Gingerbread Houses	Thu, Dec 10, 6:00-7:00 pm

Home Visits

PARENTS AS TEACHERS

Twice a Month

Parents and children ages birth to five



Parents with children ages birth to five are invited to participate in Parents As Teachers home visits.

“If only kids came with directions,” could be the cry of every parent. Through twice monthly home visits from a certified Family Development Specialist, parents will learn:

- Milestones of their child’s early development
- New ideas on how to interact through play
- How to set limits and handle challenging behaviors
- How to stimulate each stage of child development
- Ways to strengthen strong and loving parent-child relationships.

Home visits also include early childhood screenings to check milestones in social, emotional, motor, cognitive, speech, vision and hearing development. Screenings are conducted in the home every six months until age three, then yearly until age five.

Home visits are **free and available to any family** in McKean County with a child age five or under. Families do not have to have a certain income level or need to participate because every family needs this type of support. To enroll, call the nearest Family Center.

Bradford Family Center	362-1834
Kane Family Center	837-5148
Otto-Eldred Family Center	225-2513
Port Allegany Family Center	642-9281
Smethport Family Center	887-9344

November 8 is National Parents as Teachers Day!

If you see a staff person from the Family Centers on November 8, please pat them on the back for all of the good work they do with families.

National Parents as Teachers Day was established in 2001 as a way to pay tribute to the thousands of trained and certified parent educators that give support to parents. There are more than 3,000 Parents as Teachers sites around the globe, and 5 of them are in McKean County.